



Awareness of induction cooking system in urban households of Ludhiana city

■ M. Kaur, J.K. Gill* and S. Kaur

Department of Family Resource Management, College of Home Science, Punjab Agricultural University, LUDHIANA (PUNJAB) INDIA

(Email: jkg_1992@pau.edu; manu90pau@gmail.com; sjk@pau.edu)

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*Author for correspondence

ABSTRACT

The present study entitled “Awareness of Induction Cooking System in Urban Households of Ludhiana City” was undertaken to study the awareness and extent of use of induction cooking system. A sample of 120 respondents was selected randomly from urban area under municipal corporation limits of Ludhiana city. An interview schedule was prepared to collect data from the respondents. Majority (94.17 %) of the respondents were aware of induction cook-top. Majority of the respondents (83.67 %) were satisfied with ease of working of induction cook-top. Large majority of the respondents were fully aware of wide range of temperature options and possibility of cooking under fan in induction cook-top. It was possessed by (81.67 %) of the home makers. Frequency of use of induction cook-top was daily for boiling (46.94 %), fortnightly for cooking (52.04 %), on alternate days for re-heating (59.18 %) and for *chapati* making and in emergency (64.29 %). Therefore, it is suggested that the induction cook-top need to be popularized as it is cost effective and efficient than gas cook-tops. Thus high levels of awareness and use show that induction cooking- top is a fairly new innovation that is becoming more common place in residential kitchens.